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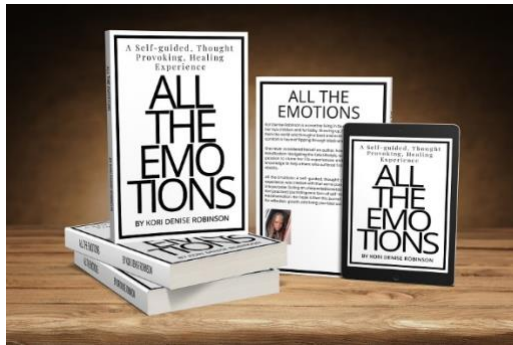
FOR IMMEDIATE RELEASE

KORI DENISE ROBINSON UNVEILS HER NEW BOOK TITLED "ALL THE EMOTIONS: A SELF-GUIDED, THOUGHT-PROVOKING, HEALING EXPERIENCE"

An Inspirational Book on a Transformative Journey of Healing and Self-Discovery

New York, August 23, 2023: Kori Denise Robinson, a beacon of resilience and strength, unveils her much-anticipated literary masterpiece, "All the Emotions: A Self-Guided, Thought-Provoking, Healing Experience." Rooted in the depths of personal trauma and propelled by an unwavering spirit, this soul-stirring journal is a testament to the power of self-discovery and healing.

At the heart of "All the Emotions" lies Kori Denise Robinson's courageous narrative, a journey of hurt, hope, and ultimate healing. Drawing from her own heartache and the process of rebuilding, she shares a collection of prompts and exercises that are poised to inspire a profound transformation within its readers.



In her own words, Kori Denise Robinson explains, "I know how it feels to give your heart to someone, give more than you have yourself, and have it ripped apart by lies, deceit, and cheating. I have felt All the Emotions and have used these very same prompts and exercises to reflect, self-assess, and future plan." This journal serves as both a guiding light and a hand to hold for those who are ready to embrace responsibility for their own healing journey.

With sincerity and compassion, Kori Denise Robinson invites readers to join her on a path towards self-awareness and renewal. The journal's thought-provoking questions and activities are ingeniously crafted for deep self-reflection. "To learn the unknown parts of yourself, you must engage in shadow work and bring your hidden self to the light so it can no longer control you," she passionately states. This voyage of introspection promises to unlock dormant potential and reveal a world of possibilities.

While the process of journaling may not initially feel easy or enjoyable, "All the Emotions" assures a rewarding outcome. Through the act of putting pen to paper and unraveling painful experiences,

growth and healing can blossom. As the author reminds us, "You owe it to yourself to go on this healing journey." Each page offers a step forward, a testament to the resilience of the human spirit.

"All the Emotions: A Self-Guided, Thought-Provoking, Healing Experience" is more than a book; it is an invitation to rediscover oneself, to mend what is broken, and to emerge stronger, wiser, and ready for a brighter future.

The book has since been released and available for purchase online. For more information, the author can be reached through the links below:

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To purchase the book on Amazon, please visit:

https://www.amazon.com/All-Emotions-Self-Guided-Provoking-Experience/dp/1735240621/ref=sr_1_1?crid=24KHVXCXZG6IA&keywords=all+the+emotions+kori&qid=1692558634&sprefix=all+the+emotion%2Caps%2C89&sr=8-1

ABOUT KORI DENISE ROBINSON



Residing in Queens, New York, Kori Denise Robinson, accompanied by her two children and a beloved pet, has long found solace within the pages of books. Her debut work, "Ketoification: Navigating the Keto Lifestyle," stems from her desire to help others overcome health struggles.

In her latest creation, "All the Emotions: A Self-Guided, Thought-Provoking, Healing Experience," Kori channels her personal journey of using journaling for healing. Advocating for underserved communities, Kori holds degrees in Criminal Justice Studies, Psychology, and Administration of Justice. Connect with her on Instagram at [koridenise_ author](https://www.instagram.com/koridenise_author) to stay inspired and informed.